

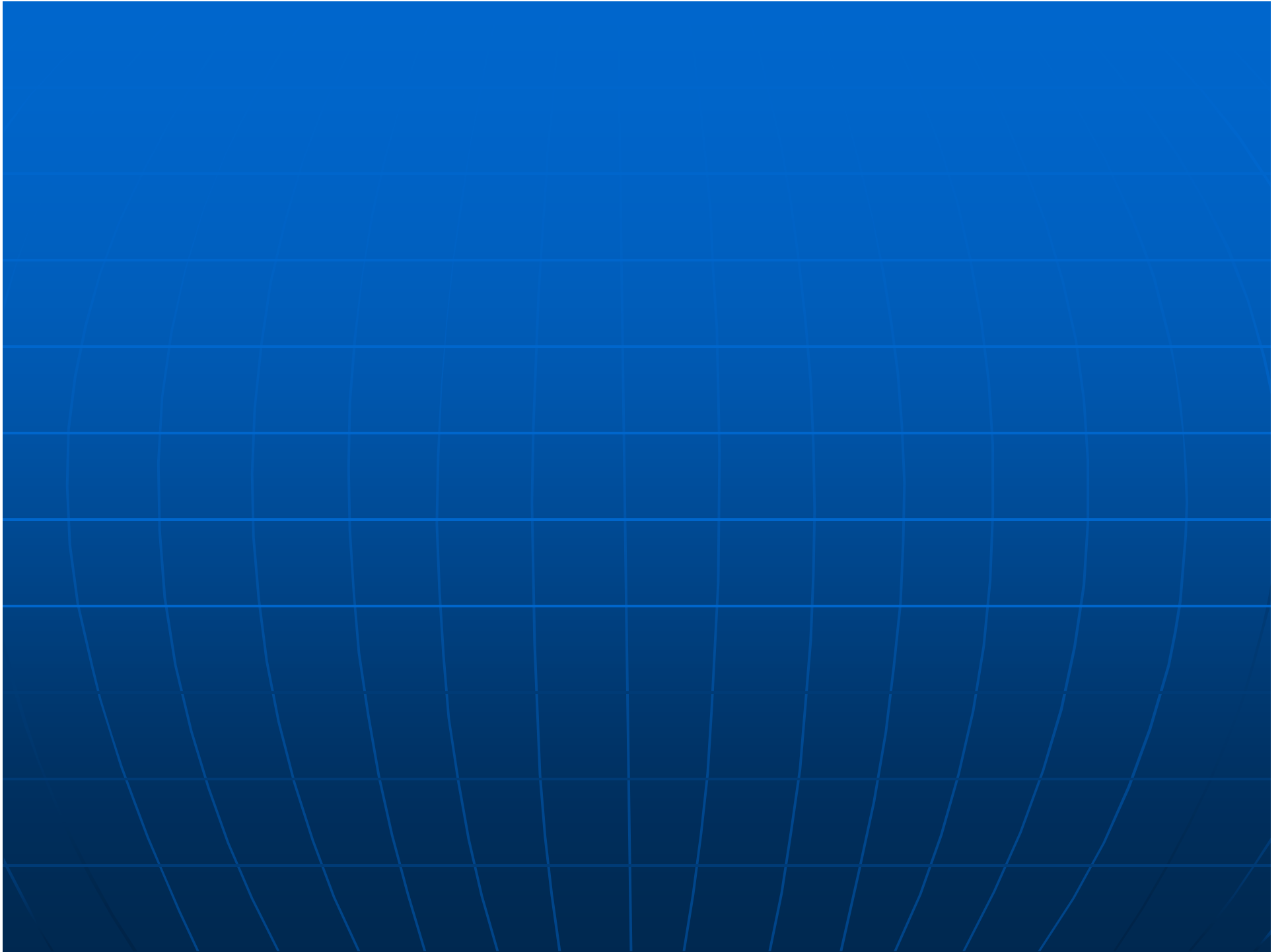
NAYEN  
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# Experiential Exercises to Learn About Crossing Cultures

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# Workshop Objectives

1. To familiarize participants with several specific exercises (games, simulations and other activities) that are useful in Youth Exchange training events.
2. To teach participants how to conduct the exercises and facilitate effective post exercise learning discussions.





# The Shield Exercise

1. Something about me you don't know...
2. What excites me about interactive exercises...
3. What worries me about interactive exercises...
4. This workshop will be a success if...

**“People don’t learn from  
experience; they learn  
from *reflecting* on their  
experience.”**

**Thiagi, Author of Barnga**

# Six Questions for Debriefing Interactive Cultural Learning Exercises

1. How did you feel doing the exercise?
2. Describe what happened.
3. What did you learn doing the exercise (about yourself, others, cultures, etc)?
4. How does this relate to the real world? (being an exchange student, parent, YEO, etc)

# Six Questions for Debriefing Interactive Cultural Learning Exercises

5. What if... ? (the rules were different, you could talk, you knew the "key" to the exercise, people from other cultures were participating, etc.)
6. How can you apply what you learned to future experiences?